Teaching Philosophy

Dr. Kulwinder Kaur-Walker, a passionate educator, has been associated with Elizabeth City State University since January 1997. She started teaching Statistics courses as a Visiting Assistant Professor in the Department of Social Sciences. Her devotion to her students lead to her teaching 8 courses (24 credit hours) each semester in the Sociology and Psychology areas. In 2000 she was honored to join the Psychology Program matching her credentials as a tenure track Associate Professor of Psychology.

Known for her strict class control, her students describe her classes productive and challenging giving them a strong foundation with knowledge, skills, ethics and morals to be successful as undergraduate students and beyond. Students find her very compassionate and approachable and one who works with them often beyond office hours, late evenings and weekends. She weaves basics of life to critical thinking along with the foundational knowledge empowering students. She equips all of her students to conduct independent quality research to be successful in graduate programs. Recently, one of her students received a Psi Chi Undergraduate Research Grant Award which is the first student grant of that kind awarded at ECSU.

With students as number one priority, she actively serves on numerous committees and advising Psychology student organizations. She is known as a team player not just at the institution level but also at the community level developing collaborations through community outreach programs being compassionate about surrounding communities’ challenges. She is proud to have received the Department of Homeland Security Summer Research Award and Follow-On-Funding Research Award giving her the opportunity to explore the mental health and substance abuse issues in the communities affected by natural catastrophes. She has presented at national and international conferences and served as poster reviewer for Annual Biomedical Research Conference for Minority Students, North Carolina Psychological Foundation Undergraduate Psychology Conference and North Carolina Psychological Association Annual Meeting and Psi Chi Research Awards. She is honored to have served as a judge for student presentations and reviewer of Psi Chi undergraduate, graduate and faculty research awards as well as an editorial board member of Indian Psychological Science Journal.
Dr. Kulwinder Kaur-Walker currently serves as a tenured Professor and Coordinator of Psychology in the Department of Health and Human Studies in the School of Science, Aviation, Health and Technology. A native of India, Dr. Kaur-Walker speaks four languages fluently and has studied in many prestigious institutions including Guru Nanak Dev University Amritsar, Punjab University Chandigarh, Maharishi Dayanand University Rothak, Delhi University, National Institute of Educational Research and Training New Delhi and UNC Chapel Hill receiving Bachelor of Science in Chemistry and Biology, Masters in Psychology, Master of Philosophy, Diploma in Statistics, Diploma in Educational and Vocational Guidance, Interdisciplinary Certificate in Health Disparities, and Doctor of Philosophy in Cognitive Psychology. Her passion is to concentrate on Health Disparities research to empower the rural communities with limited resources and to establish a state of the art interdisciplinary Cognition laboratory at ECSU.