



**RESOLUTION OF THE BOARD OF GOVERNORS OF
THE UNIVERSITY OF NORTH CAROLINA
September 17, 2020**

WHEREAS, student mental health affects academic performance, retention and graduation, and the quality of student life on campus;

WHEREAS, national studies indicate that demand for mental health services on college campuses has increased over the past decade;

WHEREAS, the Centers for Disease Control (CDC) has documented that the coronavirus pandemic (COVID-19) has led to increased incidence of anxiety and depression, especially among Americans between the ages of 18-24;

WHEREAS, the increase in demand for services has strained student health budgets and the capacity of student health centers to respond, a trend that is likely exacerbated by the pandemic; and


WHEREAS, responding to these trends will require creative thinking about how mental health services and programming are financed, structured, and delivered at UNC System institutions.

NOW, THEREFORE, BE IT RESOLVED, that the Board of Governors requests that the President and his staff or their designees, in consultation with experts from across the UNC System, examine the following questions and make recommendations to the Board of Governors through the Committee on Strategic Initiatives:

- What is the appropriate level of mental health service that UNC System institutions should strive to provide, and how should the System measure whether that level of service delivery has been achieved?
- Are existing funding sources sufficient to meet that standard across the System? What alternative revenue models should the UNC System consider?
- What best practices and innovations should the UNC System and its constituent institutions consider to improve the delivery of student mental health services?

A progress report shall be presented to the committee for review no later than January 2021, and the final report of findings and recommendations shall be presented to the committee and the Board of Governors no later than the March 2021 regular meeting.

This the 17th day of September 2020.


Randall C. Ramsey, Chair


Meredith R. McCullen, Secretary