



MEETING OF THE BOARD OF GOVERNORS
Committee on Strategic Initiatives

May 19, 2020 at 10:15 a.m.
Via Videoconference and UNC-TV Live Stream

AGENDA

- A-1. Approval of the Minutes of April 16,2020Carolyn Coward
- A-2. Information Session on Student Mental Health Daniel Eisenberg
University of Michigan
Kimberly Gorman
Western Carolina University
- A-3. Adjourn

Additional Information Available:

A-2. Profiles of Presenters, COVID-19's Psychological Toll, and Countering the Troubling Increase in Mental Health Symptoms Among U.S. College Students



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Committee on Strategic Initiatives

DRAFT MINUTES

April 16, 2020

University of North Carolina System Office
Center for School Leadership Development
Chapel Hill, North Carolina

This meeting of the Committee on Strategic Initiatives was presided over by Chair Carolyn Coward. The following committee members, constituting a quorum, were also present by phone: J. Alexander Mitchell, Kellie Hunt Blue, Adam Schmidt, and Dwight D. Stone. The following committee members were absent: Michael Williford.

Chancellors participating were Chancellor Sheri Everts and Interim Chancellor Ron Mitchelson.

Staff members present included Dr. Andrew Kelly and others from the UNC System Office.

1. Call to Order and Approval of OPEN Session Minutes (Item A-1)

The chair called the meeting to order at 10:00 a.m. and called for a motion to approve the open session minutes of February 20, 2020.

MOTION: Resolved, that the Committee on Strategic Initiatives approve the open session minutes of February 20, 2020, as distributed.

Motion: Kellie Hunt Blue

Motion carried

2. Proposed Resolution on Teacher Preparation (Item A-2)

Dr. Andrew Kelly provided an overview of the information presented at the February committee meeting regarding teacher preparation in the state of North Carolina. The committee discussed the proposed resolution that outlines a process for improving teacher preparation.

MOTION: Resolved, that the Committee on Strategic Initiatives approve Item A-2. Proposed Resolution on Teacher Preparation and recommend it to the full Board of Governors for a vote.

Motion: J. Alexander Mitchell

Motion carried

3. Information Session: Student Loan Debt (Item A-3)

Dr. Andrew Kelly presented information regarding trend in student loan debt nationally and within the UNC System. Dr. Andrew Kelly discussed the implications for state policy and institutional practice. Following the presentation, the committee held an open discussion regarding the latest data on student loan debt.

This item is for discussion only.

4. Other Business (Item A-4)

There was no other business discussed.

This item is for discussion only.

There being no further business, the meeting adjourned at 11:01 a.m.

Michael Williford, Secretary

AGENDA ITEM

A-2. Information Session on Student Mental Health.....Daniel Eisenberg
University of Michigan
Kimberly Gorman
Western Carolina University

Situation: The Committee on Strategic Initiatives will hear a presentation of the latest national trends in mental health indicators among college students and an update on how behavioral health services are being delivered during the COVID-19 pandemic.

Background: Promoting student well-being through effective strategies can increase retention rates and improve academic performance. Research suggests that students who participate in counseling services report improved academic performance as well as an overall improvement in the quality of their student life experience. Assessing the shifting landscape of behavioral health needs in public higher education and developing strategies to address those needs is essential to fostering student and institutional success.

Assessment: The Committee on Strategic Initiatives will hear a presentation from Dr. Daniel Eisenberg, principal investigator of the University of Michigan's Healthy Minds study, a national survey of over 62,000 college students that measures the prevalence of self-reported depression, anxiety, eating disorders, and other mental health conditions. Dr. Eisenberg will describe the study, share the latest data, and identify opportunities to use such information to improve policy and practice. The committee will also hear from Dr. Kimberly Gorman, director of counseling and psychological services at Western Carolina University, about the strategies that university counseling centers are using to serve students during the COVID-19 pandemic.

Action: This item is for discussion only.